

DEVELOPMENT AND OPTIMIZATION OF BISCUITS PRODUCED FROM COMPOSITE FLOURS OF CORN, PEANUT, SWEET POTATO AND SOYA BEAN.

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ABSTRACT

Biscuits are one of the staple baked products consumed in Nigeria by all age grades particularly children. They are produced basically from wheat flour. However, wheat production in Nigeria has been a roller coaster. This study investigated the formulation of biscuit made from blends of roasted corn, peanut, soybean and sweet potatoes. The impact of baking temperature and baking time on biscuit quality were also investigated. Investigations were conducted employing a four-component, two processing parameters, constrained D-optimal mixture-process experimental design with 20 randomized experimental runs. The formulation design constraints were roasted corn flour, peanut, blanched soybean and sweet potato flour. The processing parameters investigated were baking temperature and baking time. The formulated samples were evaluated for the proximate properties, mineral content, sensory qualities, digestibility, bulk density and spread ratio. From the numerical optimization through the desirability function, the formulation that produced biscuit of highest desirability index was 5% of sweet potatoes, 17% of soybeans, 39% of roasted corn, 34% of peanut with baking temperature of 180°C and baking time of 11 min. The proximate properties, mineral content, digestibility, bulk density and spread ratio of this optimal formulation are ; moisture content (11%); crude protein (22); crude fiber (4.5); fat content (12.6); carbohydrate (44); ash content (7.4); energy value (373); potassium (314); calcium (80); iron (3.6); zinc (0.5); digestibility (73); spread ratio (18.7); bulk density (0.6); breaking strength (2) ; colour (5.8); taste (5.3); flavor (4.2); texture (5.2); overall acceptability (4.7). It was deduced the interactions of the mixture component and process variable have significant effect on the sensory quality and the proximate analysis of biscuit from the blends with the level of probability ($p < 0.005$).

Keywords: Biscuit, Optimization, Proximate properties, Formulation, D-Optimal Design

1.1 INTRODUCTION

Food deficit is increasing, which affect millions of people especially in developing counties. Food production and processing are encouraged as part of the solution to the mounting problem of food shortage and food wastage due to inadequate storage system. Biscuit are recommended

as one of the snack food that can be processed. It is cheap and can be eaten by all age grades, have long shelf life, easy accessible anytime and anywhere. It can be fortified to be highly nutritious. The necessity to optimize local food products help to meet daily supplement needs of the malnourished people in Africa. This need to be propelled in different research activities, to bring about a different high-energy-protein food (Sanni, 1997; Gilbert, et al., 2000; Jideani et al., 2001). Deliberate effort is required to attain high quality, wholesome and safe product in the snacks food business. New product development is one of the most difficult activities in the food industry. Product development strategy has a very important impact on final product quality. It translates the functional needs and expectation of the consumers into specific engineering and quality characteristics. It is responsible for designing new product which meet customer's requirement and expectation and which can be consistently and economically produced by manufacturing. Product quality has been defined as a product ability not merely to meet consumer's expectation but also to exceed them. In product development studies, a simple, but effective strategy of experimentation involves optimizing the formulation via mixture design and optimizing the process with factorial design and response surface methodology. Biscuits are amongst the most famous generally expended prepared food item in Nigeria and a standout amongst the most consumed baked food on the earth. It is one of the processed convenience food ever created and widely accepted staple food which requires no extra preparation. Its wide popularity is sequel to its convenience, moderate cost, great nourishing quality, accessibility in various taste and longer shelf life (Kakalibandyopadhyay et al. 2014). Biscuit preparation is a demonstration of transforming a basic ingredient into brilliant delightful nourishment with various aromas and crunchy taste. The basic ingredients are varying proportion of refined wheat flour, vegetable shortening margarine, and sugar, baking powder and seasoning agent (Meena 2013). Biscuits are one of the minimal cost prepared food. They are less expensive than most other snacks, can be eaten anyplace, easy to be access, have variety of tastes, packs and are eaten by all age group consumers, specifically health disorder individuals on account of its moment vitality discharge (Meena, 2013). The nourishing estimation of biscuit can be upgraded by fortification and supplementation with a wide assortment of protein, vitamin and minerals (Sivakamin and Sarojini, 2013). Due to competition in the market and increased interest for healthy characteristic and functional food, efforts are being made to enhance the nutritive estimation of biscuit and usefulness by adjusting their nutritive arrangement.

Biscuits are produced basically from wheat flour. However, wheat production in Nigeria has been a roller coaster. The locally produced wheat is not enough to meet the demand, since wheat are used for other product. Reports indicated that up to 1985, domestic wheat production in Nigeria was about 66,000 metric tonnes. In 1988/89 crop production season about 600,000 tons

of wheat was produced from a total of 214,000 hectares with an average yield of 2 tons per hectare. In 2011 the production was 165,000 metric tonnes which drastically dropped to 60,000 metric tonnes in 2016 (Olugbemi, 1991). Since wheat cannot perform well under tropical climate, the country had over the years been dependent on wheat imports mostly from the United States. This wheat importation had detrimental effects on the Nigerian economy involving huge expenditure of foreign exchange (Olaoye et al., 2006). In order to reduce the impact of wheat importation on the economy, the Federal Government released a policy mandating the flour mills to partially or wholly substitute wheat flour. This resulted in the adoption of alternative solutions by the baking industries to stay in business. One of the solutions developed was the mixing of flour from other sources with wheat flour (Shittu et al., 2007; Sanni et al., 2007; Orunkoyi, 2009; Abdelghafor et al., 2011).

Studies on the mixing of flour from other sources with wheat flour has been conducted by many researchers, among which are; wheat/colocasia/sweet potato/water chestnut flours (Baljeet et al 2014), wheat/ taro flour (Amman et al., 2009) wheat/sweet potato flour (Taneya et al 2014), wheat/soy/cassava flour and wheat/cassava/carrot flour (Adegunwa et al., 2012), yellow peas/lentils/chickpeas (Zhao et al., 2005) and 15% banana flour (Ovando-Martinez et al., 2009). Several other studies on substitution of wheat partially with other composite flour and the analysis on their different characteristics have been conducted.

This study was conducted to develop and optimize the formulation and some production processes of biscuit from blends of corn, peanut, sweet potatoes and soya bean. The nutritive, physiochemical, and sensory properties of the formulated biscuits were also estimated.

2.0 Material and Method

2.1 Materials: The materials used were roasted corn flour, defatted peanut meal, blanched soybean, sweet potato extract/gel. The reagents used were distilled water, petroleum ether, boric acid, hydrogen tetraoxosulphate, sodium hydroxide, hydrochloric acid, bromescresol green and methyl red indicator, N-hexane, Selenium tablet, anhydrous copper sulphate mixture. The equipment and apparatus used in the study include dryer, deep fryer, manual kneader, chopping board, steaming machine, grater, milling machine, mixer bowl, petri-dishes, electronic weighing balance, desiccators, crucibles, bunsen-burner, fume cupboard, thimbles, soxhlet apparatus, filter paper, beaker, kjeidal apparatus, pipette, condenser, oven, weighing balance, spatula, petri dish, soxhlet apparatus, thimble, complete digestion block set, burette, pipette, pipette filler, cornical flask, makahmps apparatus.

2.2 Methods

The formulation was designed based on the mixture design experimental concept. The constraints for the mixture component of the design are: $20\% \leq x_1$ (Roasted corn flour) $\leq 70\%$, $10\% \leq x_2$ (Defatted peanut meal) $\leq 30\%$, $10\% \leq x_3$ (Blanched soybean) $\leq 30\%$, $5\% \leq x_4$ (Sweet potatoes) $\leq 20\%$, Other minor component (constants) used in the formulation are: Sugar 1%, Baking powder 0.8%, Baking fat 0.2%, Water 5%, Total 7%.

Table 2.1 Process Parameter and their Levels are:

| Factors | Process variables | Low (-1). | High (+1) |
|---------|---------------------|-----------|-----------|
| Z1. | Baking Temperature. | 120. | 180 |
| Z2. | Baking Time. | 10. | 25 |

2.3 Mixture-Process Variable Design

Investigations were conducted employing a four-component, two processing parameters, constrained D-optimal mixture-process experimental design with 20 randomized experimental runs. The formulation design constraints were roasted corn flour defatted peanut meal blanched soybean, and sweet potato flour. The processing parameters investigated were baking temperature and baking time. The formulated samples were evaluated for the proximate properties, mineral content, sensory qualities, digestibility, bulk density and spread ratio. The table below shows the variation of between the process component and the materials component.

Table 2.2 Mixture-Process Variable Design

| S/N | Roasted Corn Flour % | Defatted Peanut Meal, % | Blanched Soybean Flour % | Sweet Potato Extract/Gel, % | Baking Temperature, Degree Centigrade | Baking Time, minutes |
|-----|----------------------|-------------------------|--------------------------|-----------------------------|---------------------------------------|----------------------|
| 1 | 35 | 10 | 30 | 20 | 135 | 13.75 |
| 2 | 50 | 30 | 10 | 5 | 180 | 10 |
| 3 | 35 | 10 | 30 | 20 | 120 | 25 |
| 4 | 20 | 25 | 30 | 20 | 180 | 25 |
| 5 | 39 | 33 | 10 | 13 | 180 | 25 |
| 6 | 70 | 10 | 10 | 5 | 165 | 21.25 |
| 7 | 50 | 10 | 30 | 5 | 180 | 25 |
| 8 | 37.5 | 27.5 | 10 | 20 | 120 | 10 |
| 9 | 45 | 10 | 20 | 20 | 180 | 25 |

| | | | | | | |
|----|----|------|------|------|-----|-------|
| 10 | 55 | 10 | 10 | 20 | 180 | 25 |
| 11 | 50 | 30 | 10 | 5 | 120 | 25 |
| 12 | 20 | 40 | 30 | 5 | 180 | 10 |
| 13 | 20 | 40 | 30 | 5 | 120 | 25 |
| 14 | 55 | 10 | 10 | 20 | 120 | 10 |
| 15 | 20 | 50 | 10 | 15 | 150 | 17.5 |
| 16 | 50 | 10 | 30 | 5 | 120 | 10 |
| 17 | 50 | 30 | 10 | 5 | 180 | 10 |
| 18 | 20 | 32.5 | 30 | 12.5 | 120 | 10 |
| 19 | 20 | 40 | 30 | 5 | 120 | 25 |
| 20 | 20 | 25 | 30 | 20 | 180 | 25 |
| 21 | 20 | 45 | 10 | 20 | 180 | 10 |
| 22 | 20 | 50 | 15 | 10 | 180 | 25 |
| 23 | 20 | 32.5 | 30 | 12.5 | 120 | 10 |
| 24 | 20 | 45 | 10 | 20 | 180 | 10 |
| 25 | 35 | 10 | 30 | 20 | 180 | 10 |
| 26 | 30 | 50 | 10 | 5 | 120 | 10 |
| 27 | 30 | 50 | 10 | 5 | 180 | 25 |
| 28 | 35 | 25 | 30 | 5 | 180 | 10 |
| 29 | 20 | 45 | 10 | 20 | 120 | 25 |
| 30 | 47 | 20 | 19.5 | 8.5 | 150 | 17.5 |
| 31 | 70 | 10 | 10 | 5 | 135 | 13.75 |
| 32 | 70 | 10 | 10 | 5 | 180 | 10 |
| 33 | 70 | 10 | 10 | 5 | 120 | 25 |
| 34 | 20 | 50 | 20 | 5 | 120 | 10 |

2.4 Proximate Composition

Determination of proximate composition of the biscuit was carried out using standard method. Moisture Content, Crude Protein, Fat Content, Carbohydrate, Crude Fiber, Ash Content, was estimated using approved method (AOAC, 2005).

2.5 Mineral Analysis

The mineral analyses for Iron, calcium, copper, and zinc was determined by atomic-absorption spectrophotometer. Potassium was determined by flame photometry was performed in according to AOAC 2005.

2.6 Physical Properties

Breaking strength and spread ratio as describe by Agu and Ndidiamaka,(2014) was carried out. Bulk density as described by Onwuka, (2005) was carried out.

2.7 Sensory Evaluation

Sensory evaluation as describe by Iwe (2002) was used. Coded sample biscuit was presented to a 10 man semi trained panelists to evaluate the biscuit. The following attributes were estimated: appearance, flavor, texture, taste and overall acceptability of the product using a 9-point hedonic scale ranging from 1(like extremely) to 9(dislike extremely). The means were calculated and the data was subjected to analysis.

3.0 Result and Discussion

3.1 Presentation of Result

Experimental results obtained during the experimental procedures are shown in table 1.

3.2 Discussion of Result

Factor model equations used to optimize all response were all significant except for: crude fiber; ash content; potassium; calcium; bulk density which were not significant. Model significant indicate that the probabilities that the factors are not modeling noise (error) is low, while not significant means that the probability that the factors are modeling noise is high at confident level of 95% ($P < 0.05$). These non significant occurrences may be due to the errors (noises) that occur during measurements of these responses. For the mixture components model equation used for optimizing the responses, all of them were significant except for: crude fiber; ash content; potassium; calcium; zinc; bulk density, which was not significant. The reasons for these non significant results are the same as that explained for factor model. Two responses, moisture content and spread ratio did not display mixture model equation on its analysis of variance. This was because the mixture components have no effect on these two responses. Rather only the factors affect these two responses. The lack of fit for all responses during the analysis of variance were not significant except for: spread ratio; breaking strength; colour; taste; flavor; texture, which were significant. Non significant lack of fit shows that the probability that the chosen model equation fit the response is high. While significant lack of fit shows that the probability that the chosen model equation fit the response is low. So we always want the lack of fit to be not significant. The significant fit occurs due to physical errors by both measuring equipments and man during measuring of these responses. Before optimization, parameters to be optimized were constrained to achieve the set goals of optimization. For the mixture components, the roasted corn flour was set at maximize because of its availability and low cost. The same goes for defatted peanut meal and blanched soybean flour. The sweet potato extract/ Gel was set at

minimize because it is expensive to prepare. For the factors components temperature was set at maximize because high temperature produces high texture quality in the biscuit, while time is set at minimize to save time of production which in turn save cost of production. For responses, moisture content was minimized to give the biscuit a crunchy texture. Crude protein and fiber were set in range to see which protein and fiber values give a better biscuit within the experimental range.

Table 3.1 Experimental result table

| Run | A | B | C | D | E | F | R1 | R2 | R3 | R4 | R5 | R6 | R7 | R8 | R9 | R10 | R11 | R12 | R13 | R14 | R15 | R16 | R17 | R18 | R19 | R20 |
|-----|------|------|------|------|-----|------|-----------|----------|-------|------|-----------------|------|-------------|-------|------|------|----------------|--------------|--------------|--------------------|-------|-------|-----|---------|------------------------|-----|
| % | % | % | % | % | deg | min | moist ure | prote in | fiber | fat | carbo nhyd rate | ash | energypotas | calci | iron | zinc | digesti bility | spread ratio | bulk density | breaki ng strenght | colou | flavo | ur | texture | overall accept ability | |
| 1 | 35 | 10 | 30 | 20 | 135 | 13.8 | 13.3 | 25.3 | 5.32 | 20.5 | 29.6 | 6 | 404 | 340 | 79.2 | 3.24 | 0.38 | 76.2 | 24.5 | 0.78 | 0.815 | 2.5 | 1.5 | 1.5 | 3.8 | 4 |
| 2 | 50 | 30 | 10 | 5 | 180 | 10 | 10.3 | 21.3 | 4.76 | 10.1 | 47.5 | 6.04 | 366 | 333 | 76.3 | 2.81 | 0.22 | 71.9 | 20 | 0.77 | 3.746 | 6.8 | 5.8 | 4.3 | 4.5 | 5 |
| 3 | 35 | 10 | 30 | 20 | 120 | 25 | 17.6 | 26 | 6 | 15 | 30.9 | 4.5 | 363 | 349 | 75.3 | 2.72 | 0.36 | 76.3 | 19.6 | 0.65 | 0.795 | 4.5 | 3 | 3 | 3.5 | 5.5 |
| 4 | 20 | 25 | 30 | 20 | 180 | 25 | 11.3 | 30.3 | 3 | 18.6 | 30.3 | 6.5 | 410 | 350 | 80.3 | 3.33 | 0.42 | 76 | 20 | 0.67 | 3.246 | 6.8 | 4.5 | 5.5 | 4 | 6 |
| 5 | 39 | 33 | 10 | 13 | 180 | 25 | 10.2 | 21 | 4 | 12 | 48.3 | 4.5 | 385 | 358 | 81.6 | 4.81 | 0.51 | 71.3 | 20 | 0.65 | 3.246 | 2.3 | 3 | 2.5 | 3.8 | 4 |
| 6 | 70 | 10 | 10 | 5 | 165 | 21.3 | 13.1 | 16.5 | 6.31 | 8.5 | 52.1 | 3.5 | 351 | 355 | 82.2 | 4.32 | 0.43 | 71 | 19 | 0.61 | 2.246 | 6.8 | 6.3 | 5.5 | 6.3 | 5.5 |
| 7 | 50 | 10 | 30 | 5 | 180 | 25 | 11.1 | 22.2 | 4.11 | 14.3 | 43.4 | 5 | 391 | 342 | 80.7 | 3.92 | 0.36 | 76.5 | 16.5 | 0.65 | 3.5 | 3.8 | 3.3 | 2 | 2.3 | 3 |
| 8 | 37.5 | 27.5 | 10 | 20 | 120 | 10 | 14.7 | 14.3 | 4.5 | 8 | 53.1 | 3.5 | 341 | 350 | 77.3 | 3.96 | 0.44 | 71.5 | 24.8 | 0.69 | 0.5 | 3 | 2.8 | 2 | 3.8 | 4.5 |
| 9 | 45 | 10 | 20 | 20 | 180 | 25 | 9.38 | 16.5 | 5.5 | 7.72 | 54.4 | 5.5 | 353 | 402 | 74.2 | 4.61 | 0.3 | 74 | 16.3 | 0.71 | 2.74 | 4.8 | 3.3 | 2.3 | 2.5 | 5 |
| 10 | 55 | 10 | 10 | 20 | 180 | 25 | 8.7 | 12.5 | 5.5 | 8.5 | 61.4 | 3.5 | 372 | 393 | 76.4 | 4.72 | 0.3 | 71.3 | 16.7 | 0.69 | 2.398 | 2.5 | 3 | 2 | 1.8 | 4.5 |
| 11 | 50 | 30 | 10 | 5 | 120 | 25 | 12.1 | 24.1 | 4.91 | 14.3 | 37.2 | 7.5 | 373 | 349 | 86.3 | 4 | 0.33 | 70.9 | 24.5 | 0.68 | 0.5 | 8 | 6 | 5 | 5.5 | 5 |
| 12 | 20 | 40 | 30 | 5 | 180 | 10 | 10.1 | 28.1 | 4.32 | 16.8 | 33.7 | 7 | 398 | 379 | 86.3 | 3.33 | 0.32 | 76.5 | 19.8 | 0.65 | 0.746 | 4.5 | 6.3 | 5.3 | 5.3 | 4 |
| 13 | 20 | 40 | 30 | 5 | 120 | 25 | 16.2 | 26.5 | 3.5 | 17 | 31.1 | 5.5 | 383 | 370 | 84.2 | 3 | 0.44 | 76 | 24.8 | 0.67 | 2.246 | 4.5 | 5.3 | 4.3 | 4.5 | 4.5 |
| 14 | 55 | 10 | 10 | 20 | 120 | 10 | 15.2 | 11.5 | 2.5 | 9 | 59.4 | 2.5 | 364 | 381 | 79 | 2.83 | 0.38 | 71 | 20 | 0.61 | 0.5 | 6.5 | 6.3 | 5.5 | 4.8 | 5 |
| 15 | 20 | 50 | 10 | 15 | 150 | 17.5 | 17.5 | 17.5 | 5.5 | 11 | 50.5 | 3 | 371 | 382 | 72.2 | 2.94 | 0.32 | 71.5 | 16.3 | 0.68 | 3.246 | 4.3 | 4.3 | 3.3 | 4.5 | 4.5 |
| 16 | 50 | 10 | 30 | 5 | 120 | 10 | 16.6 | 14.2 | 6 | 12.5 | 46.3 | 4.38 | 354 | 374 | 70.3 | 2.63 | 0.41 | 75.9 | 20.4 | 0.63 | 0.746 | 6.8 | 3.3 | 2.8 | 4.8 | 4 |
| 17 | 50 | 30 | 10 | 5 | 180 | 10 | 11.3 | 17.1 | 3.98 | 10.5 | 51.3 | 5.8 | 368 | 403 | 74.7 | 3.98 | 0.46 | 71.3 | 20 | 0.68 | 3.746 | 6.8 | 5.8 | 4.3 | 4.5 | 5 |
| 18 | 20 | 32.5 | 30 | 12.5 | 120 | 10 | 16.8 | 22.8 | 4 | 18.1 | 35.2 | 3.14 | 395 | 400 | 79.9 | 3.9 | 0.52 | 76.6 | 20 | 0.65 | 0.5 | 4.8 | 4.8 | 4 | 3 | 5.5 |
| 19 | 20 | 40 | 30 | 5 | 120 | 25 | 15.4 | 25.8 | 5 | 17.2 | 33.1 | 3.61 | 390 | 378 | 83.1 | 4.11 | 0.55 | 76.4 | 24.8 | 0.64 | 2.246 | 4.5 | 5.3 | 4.3 | 4.5 | 4.5 |
| 20 | 20 | 25 | 30 | 20 | 180 | 25 | 12.1 | 20.9 | 4.22 | 15 | 40.3 | 7.5 | 380 | 379 | 83 | 3.22 | 0.57 | 76.1 | 20 | 0.61 | 3.246 | 6.8 | 4.5 | 5.5 | 4 | 6 |
| 21 | 20 | 45 | 10 | 20 | 180 | 10 | 15.2 | 19.3 | 4.11 | 18.6 | 36.1 | 6.11 | 389 | 360 | 80.2 | 2.62 | 0.48 | 71.2 | 19.6 | 0.62 | 1.246 | 4.8 | 5.5 | 4.3 | 4.8 | 4.5 |
| 22 | 20 | 50 | 15 | 10 | 180 | 25 | 11.7 | 22.8 | 3.5 | 10 | 47.5 | 4.5 | 371 | 364 | 84.3 | 2.99 | 0.41 | 72.3 | 20 | 0.58 | 3.246 | 6.8 | 6.3 | 6 | 7.5 | 5.5 |
| 23 | 20 | 32.5 | 30 | 12.5 | 120 | 10 | 16.1 | 24 | 4.32 | 16.2 | 34.7 | 4.7 | 380 | 370 | 84.1 | 3 | 0.36 | 75.9 | 19.6 | 0.75 | 0.5 | 5 | 4.5 | 4.3 | 4.3 | 6.5 |
| 24 | 20 | 45 | 10 | 20 | 180 | 10 | 12.9 | 25.4 | 5 | 14 | 36.2 | 6.5 | 372 | 363 | 84.3 | 3.33 | 0.4 | 71 | 19.6 | 0.7 | 1.246 | 4.8 | 5.5 | 4.3 | 4.8 | 4.5 |
| 25 | 35 | 10 | 30 | 20 | 180 | 10 | 10.9 | 23.8 | 6.11 | 17.5 | 34.2 | 7.5 | 389 | 340 | 79.3 | 4.16 | 0.42 | 76.1 | 19 | 0.66 | 3.246 | 3.5 | 4.3 | 4.5 | 3.8 | 6 |
| 26 | 30 | 50 | 10 | 5 | 120 | 10 | 17.5 | 24.7 | 5.31 | 10.1 | 37.6 | 4.8 | 340 | 360 | 76.2 | 4.43 | 0.39 | 71.8 | 24.5 | 0.61 | 0.5 | 5.3 | 4.5 | 5 | 4 | 5 |
| 27 | 30 | 50 | 10 | 5 | 180 | 25 | 11.6 | 23.8 | 6 | 11 | 42.1 | 5.5 | 363 | 358 | 80.4 | 5.11 | 0.4 | 72.1 | 16.7 | 0.58 | 1.246 | 7.3 | 5.8 | 5.3 | 6 | 5 |
| 28 | 35 | 25 | 30 | 5 | 180 | 10 | 14.5 | 25 | 6.5 | 12.5 | 40.1 | 2 | 373 | 354 | 79.2 | 5.18 | 0.52 | 76.5 | 19.4 | 0.61 | 1.246 | 4.3 | 4 | 4.8 | 4.3 | 4 |
| 29 | 20 | 45 | 10 | 20 | 120 | 25 | 16.5 | 26.2 | 4.81 | 16.5 | 33.5 | 2.5 | 387 | 368 | 83.3 | 5 | 0.57 | 71.3 | 20 | 0.63 | 0.5 | 2.8 | 3 | 3.5 | 2.8 | 5 |
| 30 | 47 | 20 | 19.5 | 8.5 | 150 | 17.5 | 15.1 | 18.8 | 4.33 | 16.1 | 37.2 | 8.5 | 369 | 361 | 77.8 | 4.32 | 0.48 | 73.7 | 16.7 | 0.66 | 1.246 | 2.8 | 2.8 | 3.3 | 3.5 | 3.5 |
| 31 | 70 | 10 | 10 | 5 | 135 | 13.8 | 13.5 | 18.2 | 5.21 | 13 | 47.1 | 3 | 378 | 360 | 78.6 | 2.91 | 0.52 | 71.5 | 19.6 | 0.7 | 1.246 | 4.5 | 4 | 4.5 | 5.5 | 4.5 |
| 32 | 70 | 10 | 10 | 5 | 180 | 10 | 12.1 | 18.6 | 5.5 | 14.3 | 43 | 6.5 | 375 | 320 | 80.1 | 4.28 | 0.57 | 71.9 | 16.3 | 0.64 | 3.246 | 6 | 5.5 | 5 | 5.3 | 4 |
| 33 | 70 | 10 | 10 | 5 | 120 | 25 | 16.7 | 19 | 3.61 | 13 | 42.3 | 5.4 | 362 | 340 | 80.1 | 3.12 | 0.53 | 71.1 | 19.6 | 0.68 | 0.746 | 5.8 | 4.5 | 4.5 | 4.8 | 4.5 |
| 34 | 20 | 50 | 20 | 5 | 120 | 10 | 16.3 | 28.9 | 4 | 17.6 | 28.3 | 4.9 | 387 | 342 | 82.6 | 3.63 | 0.55 | 74.4 | 20 | 0.64 | 0.746 | 5.3 | 5 | 3.8 | 4.3 | 5.5 |

The fat content, carbohydrate and energy values were set to maximize because of its high energy content for children. Ash content, potassium, iron, zinc, digestibility, spread ratio and bulk density, were all set to experimental range, to see which value produce a better biscuit. Calcium was set to maximize to give the children a healthy teeth and bones. Breaking strength was set at maximum to increase the strength of the biscuit for handling purpose. Colour was set at maximize to make the product attractive. Taste, flavor and texture were all set to maximize to give the biscuit an acceptable quality. Overall acceptability was set to maximize to see the best judgment. Then the product was optimized.

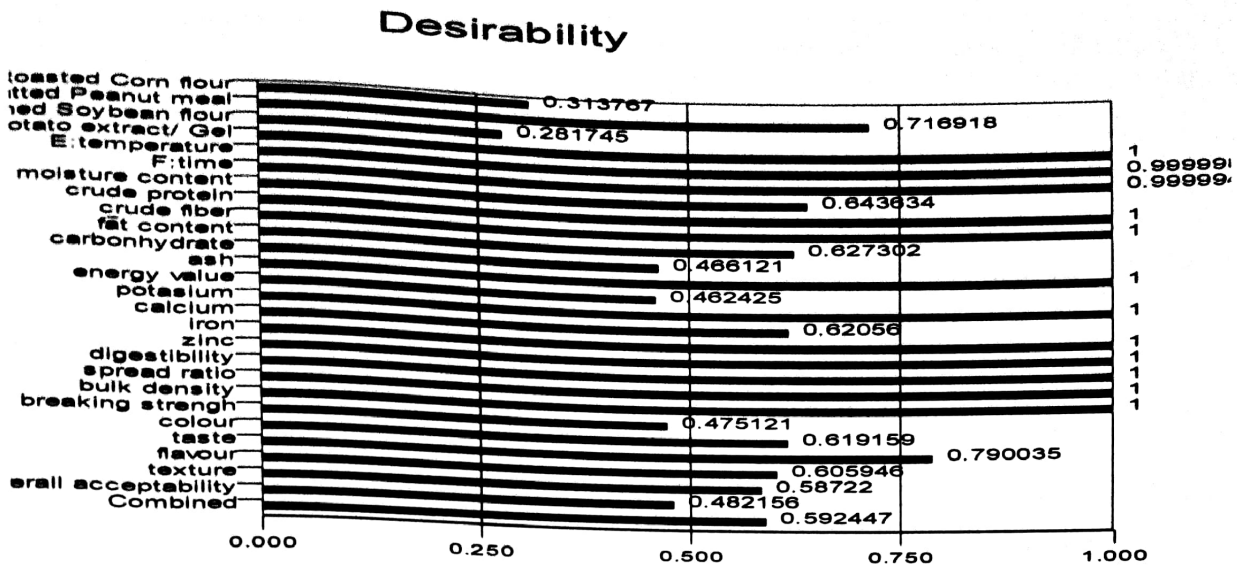
3.2 ANOVA for model equations used for optimization.

| Source | Sum of Squares | Df | Mean Square | F Value | p-value Prob > F | |
|--------------------|----------------|----|-------------|----------|------------------|-----------------|
| Moisture Model | 148.3477 | 7 | 21.1925 | 32.81087 | 2.226E-08 | significant |
| Lack of Fit | 66.07132 | 7 | 9.43876 | 3.169533 | 0.100882 | not significant |
| Protein Model | 563.1045 | 4 | 140.7761 | 3.556733 | 0.006029 | significant |
| Linear Mixture | 404.3658 | 2 | 202.1829 | 12.77046 | 0.000103 | significant |
| Lack of Fit | 116.7998 | 6 | 19.46663 | 0.613828 | 0.778996 | not significant |
| Fiber Model | 17.08490 | 1 | 17.08490 | 1.783265 | 0.118601 | not significant |
| Linear Mixture | 1.710916 | 2 | 0.855458 | 0.773845 | 0.522228 | not significant |
| Lack of Fit | 12.11886 | 1 | 12.11886 | 1.541457 | 0.333120 | not significant |
| Fat Model | 284.6344 | 8 | 35.5793 | 2.593834 | 0.02831 | significant |
| Linear Mixture | 170.9073 | 5 | 34.18146 | 7.787274 | 0.001537 | significant |
| Lack of Fit | 112.4914 | 7 | 16.0702 | 2.254544 | 0.189527 | not significant |
| Carbohydrate Model | 2100.439 | 7 | 300.0627 | 5.073018 | 0.000774 | significant |

| Source | Sum of Squares | D f | Mean Square | F Value | p-value Prob > F | |
|-----------------|----------------|-----|-------------|----------|------------------|-------------|
| | 6 | | 1 | 9 | 1 | |
| | 1258.592 | | 419.5307 | 15.19887 | 3.545E- | |
| Linear Mixture | 3 | 3 | 6 | 2 | 05 | significant |
| | 436.7299 | | 33.59460 | 2.793976 | 0.131870 | not |
| Lack of Fit | 2 | 13 | 9 | 8 | 8 | significant |
| | 34.43059 | | 3.825622 | 1.667045 | 0.152541 | not |
| Ash Model | 9 | 9 | 1 | 9 | 1 | significant |
| | 1.862878 | | 0.620959 | 0.270588 | | not |
| Linear Mixture | 3 | 3 | 4 | 1 | 0.845962 | significant |
| | 51.46872 | | 2.708880 | 3.754303 | 0.074091 | not |
| Lack of Fit | 5 | 19 | 3 | 7 | 1 | significant |
| | | | 911.5536 | | 0.011863 | |
| Energy Model | 2734.661 | 3 | 5 | 4.334487 | 5 | significant |
| | | | 911.5536 | | 0.011863 | |
| Linear Mixture | 2734.661 | 3 | 5 | 4.334487 | 5 | significant |
| | 5593.065 | | 223.7226 | 1.562284 | 0.328733 | not |
| Lack of Fit | 4 | 25 | 2 | 9 | 1 | significant |
| | | | 1181.068 | 2.098654 | 0.065943 | not |
| Potassium Model | 15353.89 | 13 | 4 | 4 | 4 | significant |
| | 3894.889 | | 1298.296 | 2.306958 | 0.107533 | not |
| Linear Mixture | 2 | 3 | 4 | 2 | 6 | significant |
| | 7892.649 | | 526.1766 | 0.782341 | 0.676040 | not |
| Lack of Fit | 5 | 15 | 3 | 3 | 6 | significant |
| | 196.3183 | | 21.81315 | 1.767612 | 0.127763 | not |
| Calcium Model | 9 | 9 | 4 | 5 | 4 | significant |
| | 75.71053 | | 25.23684 | 2.045048 | 0.134334 | not |
| Linear Mixture | 6 | 3 | 5 | 8 | 2 | significant |
| | 273.4679 | | 14.39304 | 3.169835 | 0.102491 | not |
| Lack of Fit | 2 | 19 | 9 | 2 | 6 | significant |
| | | | 1.117093 | | 0.009943 | |
| Iron Model | 12.28803 | 11 | 6 | 3.18716 | 5 | significant |
| Linear Mixture | 0.779658 | 3 | 0.259886 | 0.741476 | 0.538695 | significant |

| Source | Sum of Squares | Df | Mean Square | F Value | p-value | |
|-------------------------|----------------|----|-------------|----------|-----------|-----------------|
| | | | | | Prob > F | |
| Lack of Fit | 5.747358 | 5 | 1.149472 | 0.860867 | 0.632362 | not significant |
| Zinc Model | 0.127581 | 7 | 0.018226 | 1.372409 | 0.254525 | not significant |
| Linear Mixture | 0.005488 | 3 | 0.001829 | 0.255817 | 0.856275 | not significant |
| Lack of Fit | 0.080918 | 3 | 0.026973 | 0.434343 | 0.903279 | not significant |
| Digestibility Model | 175.2857 | 7 | 25.18367 | 618.4595 | 4.717E-27 | significant |
| Linear Mixture | 175.2857 | 7 | 25.18367 | 618.4595 | 4.717E-27 | significant |
| Lack of Fit | 2.304231 | 6 | 0.384039 | 0.869521 | 0.639187 | not significant |
| Spread ratio Model | 69.30070 | 8 | 8.66259 | 7.16004 | 0.002777 | significant |
| Lack of Fit | 149.9416 | 4 | 37.4854 | 360.4366 | 1.375E-06 | significant |
| Bulk density Model | 0.030034 | 5 | 0.006007 | 1.043928 | 0.452211 | not significant |
| Linear Mixture | 0.006375 | 4 | 0.001594 | 0.96024 | 0.430726 | not significant |
| Lack of Fit | 0.029762 | 5 | 0.005952 | 0.684196 | 0.740119 | not significant |
| Breaking strength Model | 35.73144 | 5 | 7.14629 | 6.322966 | 0.000125 | significant |
| Linear Mixture | 0.483618 | 5 | 0.096724 | 0.313794 | 0.815212 | significant |
| Lack of Fit | 11.30211 | 4 | 2.82553 | 0.664830 | | significant |
| Colour Model | 51.75073 | 13 | 3.980826 | 2.544627 | 0.029414 | significant |

| Source | Sum of Squares | Df | Mean Square | F Value | p-value Prob > F | |
|-----------------------------|----------------|----|-------------|----------|------------------|-----------------|
| | 9 | 1 | 5 | 6 | | |
| Linear Mixture | 12.73681 | 3 | 4.245603 | 2.713878 | 0.072127 | significant |
| Lack of Fit | 31.26808 | 15 | 2.084539 | 521.1347 | 6.01E-07 | significant |
| Taste Model | 15.89313 | 3 | 5.297710 | 4.218339 | 0.013298 | significant |
| Linear Mixture | 15.89313 | 3 | 5.297710 | 4.218339 | 0.013298 | significant |
| Lack of Fit | 37.63128 | 25 | 1.505251 | 167.2501 | 9.359E-06 | significant |
| Flavor Model | 23.64915 | 9 | 2.627684 | 2.549788 | 0.032456 | significant |
| Linear Mixture | 7.785127 | 3 | 2.595042 | 2.518114 | 0.082130 | not significant |
| Lack of Fit | 24.68819 | 19 | 1.299378 | 144.3754 | 1.406E-05 | significant |
| Texture Model | 28.96515 | 11 | 2.633195 | 4.013881 | 0.002691 | significant |
| Linear Mixture | 12.48980 | 3 | 4.163267 | 6.346227 | 0.002896 | significant |
| Lack of Fit | 13.58749 | 17 | 0.799264 | 4.729374 | 0.047038 | significant |
| Overall acceptability Model | 11.29737 | 9 | 1.255263 | 3.646614 | 0.005388 | significant |
| Linear Mixture | 2.784201 | 3 | 0.928067 | 2.696089 | 0.052481 | significant |
| Lack of Fit | 7.761451 | 19 | 0.408497 | 4.084974 | 0.062686 | not significant |
| | | | 4 | 2 | 9 | significant |



It can be deduced from the optimization process that biscuit of 0.5925 desirability index can be obtained from the optimal conditions selected on the basis of the chosen criteria. Desirability is an objective function that ranges from zero (0) outside of the limits to one (1) at the goal of optimization. For any exact solution within the optimized ranges see table 5. Figure 1 shows a typical 3D surface graph to study the desirability of optimization to achieve the set goals of optimizing among the mixture components. Figure 3 shows a typical 3D mix - process graph for determining the desirability of the product by combining both the mixture components and the factors. This graph is used to fine tune the best mixture components and factors that will produce the desired optimization goals.

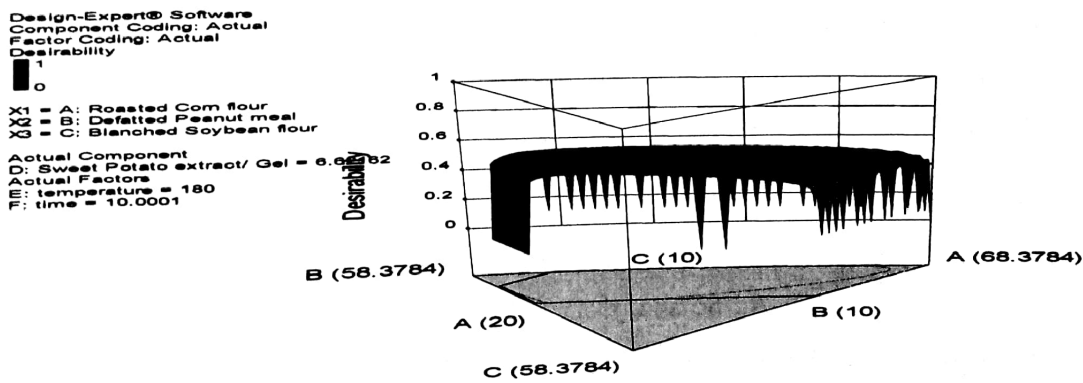


Figure 3.1: Typical 3D surface graph of the desirability of optimization

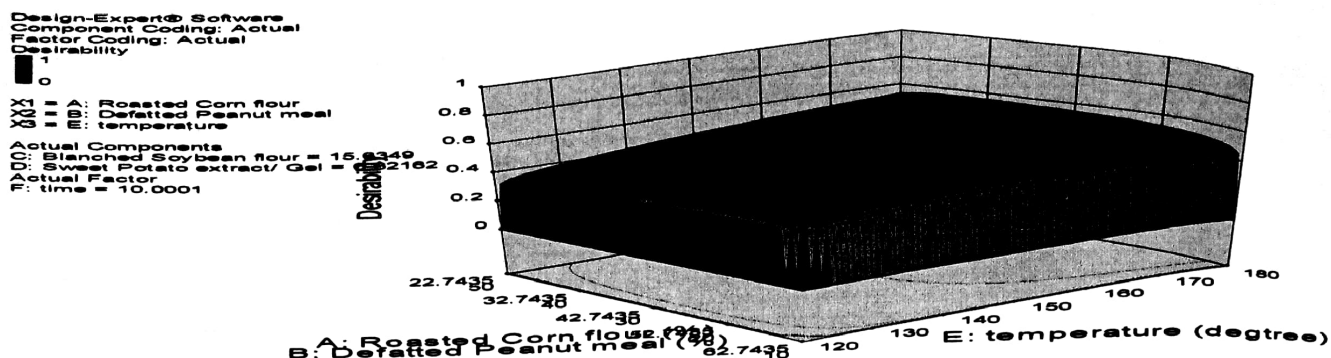


Figure 3.2: Typical 3D mix - process graph for desirability of the optimization

4.0 CONCLUSION AND RECOMMENDATION

4.1 Conclusion

From the numerical optimization through the desirability function, the formulation that produced biscuit of highest desirability index was 5% of sweet potatoes, 17% of soybeans, 39% of roasted corn, 34% of peanut with baking temperature of 180°C and baking time of 11 min. The proximate properties, mineral content, digestibility, bulk density and spread ratio of this optimal formulation are moisture content (11%); crude protein (22); crude fiber (4.5); fat content (12.6); carbohydrate (44); ash content (7.4); energy value (373); potassium (314); calcium (80); iron(3.6); zinc (0.5); digestibility (73); spread ratio (18.7); bulk density (0.6); breaking strength (2) ; colour (5.8); taste (5.3); flavor (4.2); texture (5.2); overall acceptability (4.7); The fitted models provide the basis for selecting process parameters for optimal condition in the production of biscuit.

4.2 Recommendation

The effect of more process variables using other methods of design of experiment should be explored. Further research should be carried out to determine the shelf life of the biscuit using suitable packaging material.

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